

Module 12. Evaluation and Monitoring of the Anti-Bullying Program in Your School

The goal of the evaluation and monitoring process is to measure changes in students' attitudes, knowledge, and bullying-related behaviours. Evaluate baseline knowledge and behavioral patterns before implementing anti-bullying programs and assess progress afterward.



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Objective and Data-Driven Approaches

Main Objective

Use data-driven approaches to evaluate the effectiveness of the anti-bullying program and ensure ongoing monitoring of bullying.

Key Components

- Pre-test and Post-test reports to measure changes
- Student monitoring and support systems
- Validated scales for measuring peer bullying
- Data utilization to adapt and improve prevention strategies



Check in with your school counsellor what measures are translated and validated in your language and what assessment resources are available, to make sure you use instruments that were previously tested on your culture.

Validated Assessment Tools

If validated tools aren't available in your language, you can check out international resources. For example, the CDC's Division of Violence prevention has designed "Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools", available here:

<https://www.cdc.gov/youth-violence/communication-resources/BullyCompendium-a.pdf>



Olweus Bully/Victim Questionnaire

Developed by Dan Olweus (1996), this is one of the most widely used and validated instruments for measuring bullying behaviors.



Peer Relations Questionnaire (PRQ)

Created by Rigby & Slee (1993), this tool assesses peer relationships and bullying dynamics among students.



Reynolds Bully Victimization Scales For Schools (RBVS)

A comprehensive assessment tool that measures various aspects of bullying and victimization in school settings.

Focus Areas for Assessment

The questionnaires you choose can focus on various aspects of bullying awareness and behavior:

Awareness of Bullying Forms

Assess students' understanding of different types of bullying including physical, verbal, social, and cyberbullying.

Attitudes Toward Bystander Intervention

Measure students' willingness to intervene when witnessing bullying and their understanding of the bystander role.

Understanding of School Policies

Evaluate knowledge of school policies and consequences related to bullying behaviors.

Self-Reported Behaviors

Gather data on students' experiences as victims, perpetrators, or bystanders in bullying situations.

After you apply them the first time, you can have a glance at the bullying situation in your school, devise strategies and programs to prevent or reduce the phenomenon, and re-test with the same scales to see whether the strategies were successful.



Student Monitoring and Support

When you implement prevention or mitigation strategies and programs, make sure you track and support students involved in bullying to ensure their well-being and development. Use the tools and resources provided throughout this program to report incidents safely.

Observation

Create observation forms for staff supervising students during vulnerable times that increase bullying incidence (e.g., during recess).

Evaluation

Regularly assess the effectiveness of interventions and adjust support strategies as needed.



Documentation

Maintain detailed records of reported incidents for future analysis and pattern identification.

Support

Provide ongoing assistance to both victims and perpetrators through counseling and intervention programs.

Additionally, create observation forms for the staff supervising the students during vulnerable times that increase the bullying incidence (for example, during recess) and maintain records of reported incidents for analysis.

Observation Form Example

General Information	Observer's name: _____
	Date: _____
	Time of observation: _____
	Location (hotspot area): _____
1. Environmental Context	Type of area: Playground, Hallway, Cafeteria, Restroom, Classroom, Other
	Supervision level: High, Moderate, Low
2. Observation Details	Number of students present, Behavioral dynamics
3. Incident Description	Type of incident, Detailed description, Individuals involved
4. Response Actions	Immediate actions, Follow-up required
5. Additional Notes	Observer's signature and date submitted

Monitoring, reporting, and keeping records comes with additional work for the school staff, so administrators should balance these responsibilities well among the staff in order to avoid overburdening the staff.

Sometimes, when people feel overwhelmed with paper work, they avoid it all together and that might be detrimental to identifying and monitoring the situation in your school.

Data Analysis and Reporting

After gathering data and applying strategies/programs in your school, it's time for analysis. At the end of the year or when you decide, use a mixed methodology approach to analyse the data:

- Use thematic analysis for qualitative data and narrative feedback
- Analyze differences in scores for the quantitative questionnaires you applied

Don't forget to offer institutional protection for staff that reports/monitors bullying incidents or behaviours in case your school has an issue with parent or student violence against teachers.

Data Collection

Gather pre-test and post-test data, observation forms, and incident reports

Analysis

Apply mixed methods to analyze both qualitative and quantitative data

Report Creation

Develop a comprehensive report with findings and recommendations

Stakeholder Sharing

Distribute findings to parents, students, staff, and relevant authorities

Final Report Structure

Write a final report and share it with all relevant stakeholders in your school (parents, students, staff, local authorities, NGOs etc.).



Purpose & Initial State

Define the purpose of the report and describe the initial bullying situation in your school



Strategies & Methodology

Detail the implemented programs and assessment methods used



Findings & Interpretation

Present key findings structured in subsections and provide interpretation



Impact & Suggestions

Evaluate program strengths/weaknesses and offer recommendations for improvement

By continuously evaluating and refining our efforts, we can create a school environment where everyone feels safe, valued, and empowered. Together, let's make bullying a thing of the past.